

Weekly Menu

January 5-9, 2026

Chef's Selection

Tuesday: Baked Potato Bar

Served with beef chili, grilled chicken, cheddar cheese sauce, broccoli florets, sour cream and green onions

Wednesday: Italian Pasta Toss

Served with your choice of protein and seasonal vegetables sautéed with marinara or creamy Alfredo sauce

Thursday: Teriyaki Stir Fry

Served with your choice of steak, shrimp, chicken or tofu over rice or noodles

Soups of the Day

Monday: House-Made Chili/ Curry Lentil

Tuesday: Chicken Rice/ Vegetarian Bean Chili

Wednesday: Chicken Tortilla/ Broccoli Cheddar

Thursday: Clam Chowder/ Vegetable Minestrone

Friday: Chef's Choice

Weekly Specials

\$3 Breakfast

+ one 16oz drink

Vegetable Frittata with Salsa

\$5 Lunch

+ one side item & 16oz drink

Turkey Pastrami and Swiss on Rye

Roasted Cauliflower Romesco Sandwich

Homestyle Entrée

Monday: Southern Fried Chicken

Served with baked macaroni and cheese and seasoned greens

Tuesday: Beef Pepper Steak

Served with steamed rice and a broccoli carrot combo

Wednesday: Parmesan Crusted Lemon Butter Tilapia

Served with roasted potato wedges and green beans

Thursday: Jerk Chicken Wings

Served with rice and peas and a mixed cabbage blend

Friday: Fresh Fish Fillet

Served with seasoned potato wedges and coleslaw

Build Your Own

Pizza or Flatbread

Includes three complimentary toppings.
Additional toppings: \$0.69 each

Grab & Go Selection

Pre-Packaged Assorted Salads and Sandwiches

International Flavors

and Fusion

Tuesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans
(complimentary toppings included)

Wednesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans
(complimentary toppings included)

Thursday: Hog Mountain BBQ

Slow-smoked house meats and poultry served with baked beans and coleslaw

Hours of Operation

Breakfast: 7:00a.m. - 10:00a.m.

Lunch: 11:00a.m. - 1:30p.m.