

# Weekly Menu

January 5-9, 2026

## Chef's Selection

### Tuesday: Baked Potato Bar

Served with beef chili, grilled chicken, cheddar cheese sauce, broccoli florets, sour cream and green onions

### Wednesday: Italian Pasta Toss

Served with your choice of protein and seasonal vegetables sautéed with marinara or creamy Alfredo sauce

### Thursday: Teriyaki Stir Fry

Served with your choice of steak, shrimp, chicken or tofu over rice or noodles

## Soups of the Day

**Monday:** House-Made Chili/ Curry Lentil

**Tuesday:** Chicken Rice/ Vegetarian Bean Chili

**Wednesday:** Chicken Tortilla/ Broccoli Cheddar

**Thursday:** Clam Chowder/ Vegetable Minestrone

**Friday:** Chef's Choice

## Build Your Own

### Pizza or Flatbread

Includes three complimentary toppings. Additional toppings: \$0.69 each

## Grab & Go Selection

Pre-Packaged Assorted Salads and Sandwiches

## Weekly Specials

### \$3 Breakfast

+ one 16oz drink

Vegetable Frittata with Salsa

### \$5 Lunch

+ one side item & 16oz drink

Turkey Pastrami and Swiss on Rye

Roasted Cauliflower Romesco Sandwich

## Homestyle Entrée

### Monday: Southern Fried Chicken

Served with baked macaroni and cheese and seasoned greens

### Tuesday: Beef Pepper Steak

Served with steamed rice and a broccoli carrot combo

### Wednesday: Parmesan Crusted Lemon Butter Tilapia

Served with roasted potato wedges and green beans

### Thursday: Jerk Chicken Wings

Served with rice and peas and a mixed cabbage blend

### Friday: Fresh Fish Fillet

Served with seasoned potato wedges and coleslaw

## International Flavors and Fusion

### Tuesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans (complimentary toppings included)

### Wednesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans (complimentary toppings included)

### Thursday: Hog Mountain BBQ

Slow-smoked house meats and poultry served with baked beans and coleslaw

## Hours of Operation

Breakfast: 7:00a.m. - 10:00a.m.

Lunch: 11:00a.m. - 1:30p.m.