# Weekly Menu

October 28 - November 1, 2024

#### **Weekly Specials**

\$3 Breakfast

\$5 Lunch

+ one 16oz drink
Blueberry Pancakes

+ one side item & 16oz drink

Gyro with Tzatziki Sauce

Plant Based Nuggets

#### **Chef's Selection**

**Tuesday: Loaded Baked Potato Bar** 

Served with a choice of beef chili, grilled chicken, shrimp, broccoli, onions, peppers and mushrooms topped with cheese sauce, sour cream and green onions

Wednesday: Italian Pasta Toss

Served with your choice of protein and seasonal vegetables sautéed with marinara or creamy Alfredo sauce

**Thursday: Orange Peel Stir Fry** 

Served with your choice of chicken, beef, tofu or vegetables over steamed white rice or brown rice

## Homestyle Entrée

**Monday: Southern Fried Chicken** 

Served with baked macaroni and cheese and seasoned greens

**Tuesday: Blackened Catfish** 

Served with rice and red beans, sautéed kale and red cabbage

Wednesday: Chimichurri Beef

Served with roasted potatoes and a squash medley

Thursday: Marsala Chicken

Served with creamed potatoes and Brussels sprouts

Friday: Fresh Fish Fillet

Served with roasted potatoes and coleslaw

## Soups of the Day

**Monday:** House-Made Chili/ Vegetarian Bean Chili

**Tuesday:** Shrimp Corn Bisque/ Curry Lentil Soup

**Wednesday:** Chicken Tortilla Soup/ Loaded Potato Soup

**Thursday:** Beef and Rice Soup/ Minestrone

**Friday:** Brunswick Stew/ Broccoli Cheddar Soup

#### **Build Your Own**

#### Pizza or Flatbread

Includes three complimentary toppings. Additional toppings: \$0.69 each

## Grab & Go Selection

Pre-Packaged Assorted Salads and Sandwiches

Bigg Cap Chicken Sandwich

Seasoned Wedge Potatoes (Only Available Tuesday -Thursday)

## International Flavors and Fusion

**Tuesday: Taqueria Station** 

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans (complimentary toppings included)

Wednesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans (complimentary toppings included)

Thursday: Hog Mountain BBQ

Slow-smoked house meats and poultry served with baked beans and coleslaw

## **Hours of Operation**

Breakfast: 7:00a.m. - 10:00a.m.

Lunch: 11:00a.m. - 1:30p.m.