

Weekly Menu

July 7 - July 11, 2025

Chef's Selection

Tuesday: Shrimp and Grits

Served with sautéed shrimp, Cajun sausage and a house-made Creole sauce over Gouda grits

Wednesday: Italian Pasta Toss

Served with your choice of protein and seasonal vegetables sautéed with marinara or creamy Alfredo sauce

Thursday: Sesame Stir Fry

Served with your choice of steak, shrimp or vegetables over steamed white or brown rice

Soups of the Day

Monday: House-Made Chili/ White Bean & Kale

Tuesday: Beef & Vegetable/ Sweet Potato Coconut Curry

Wednesday: Chicken Gumbo/ Santa Fe Black Bean

Thursday: Clam Chowder/ Tomato Basil

Friday: Italian Wedding/ Minestrone

Build Your Own

Pizza or Flatbread

Includes three complimentary toppings. Additional toppings: \$0.69 each

Grab & Go Selection

Pre-Packaged Assorted Salads and Sandwiches

Weekly Specials

\$3 Breakfast

+ one 16oz drink

Egg & Cheese Mini Croissant

\$5 Lunch

+ one side item & 16oz drink

Spicy Buffalo Chicken Sandwich

Vegetable Hummus Wrap

Homestyle Entrée

Monday: Southern Fried Chicken

Served with baked macaroni and cheese and seasoned greens

Tuesday: Fried Center-Cut Pork Chops

Served with broccoli casserole and green beans

Wednesday: BBQ Chipotle Glazed Salmon

Served with roasted potato wedges and a kale and cabbage blend

Thursday: Curried Chicken

Served with basmati rice, plantains and a vegetable medley

Friday: Fresh Fish Fillet

Served with roasted potatoes and coleslaw

International Flavors and Fusion

Tuesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans (complimentary toppings included)

Wednesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans (complimentary toppings included)

Thursday: Hog Mountain BBQ

Slow-smoked house meats and poultry served with baked beans, potato salad and coleslaw

Hours of Operation

Breakfast: 7:00a.m. - 10:00a.m.

Lunch: 11:00a.m. - 1:30p.m.