

# Weekly Menu

September 15 - September 19, 2025

## Chef's Selection

### Tuesday: Chopped Salad Station

Served with romaine, kale, spring mix, boiled eggs, edamame, chickpeas, broccoli, red onions, cucumber, black olives, carrots, corn, peppers, grape tomatoes, feta cheese, cheddar cheese, dried cranberries, sunflower seeds or almonds with your choice of grilled chicken or shrimp

### Wednesday: Italian Pasta Toss

Served with your choice of protein and seasonal vegetables sautéed with marinara or creamy Alfredo sauce

### Thursday: Teriyaki Stir Fry

Served with your choice of steak, chicken, shrimp or tofu over rice

## Soups of the Day

**Monday:** House-Made Chili/ Minestrone

**Tuesday:** Beef & Rice/ Broccoli Cheddar

**Wednesday:** Chicken Noodle/ Tomato & Garden Vegetable

**Thursday:** Brunswick Stew/ Curry Lentil

**Friday:** Chef's Choice

## Build Your Own

### Pizza or Flatbread

Includes three complimentary toppings. Additional toppings: \$0.69 each

### Grab & Go Selection

Pre-Packaged Assorted Salads and Sandwiches

## Weekly Specials

### \$3 Breakfast

+ one 16oz drink

Sausage & Egg Biscuit  
(Pork or Chicken)

### \$5 Lunch

+ one side item & 16oz drink

Corned Beef Reuben  
Black Bean Quesadilla with Salsa

## Homestyle Entrée

### Monday: Southern Fried Chicken

Served with baked macaroni and cheese and seasoned greens

### Tuesday: Beef Pepper Steak

Served with steamed rice and carrots Lyonnaise

### Wednesday: Smoked Brown Sugar Rubbed Salmon

Served with vegetable quinoa and steamed vegetable medley

### Thursday: Brown Stewed Chicken Thighs

Served with yellow seasoned rice with a cauliflower and broccoli combo

### Friday: Fresh Fish Fillet

Served with potato wedges and coleslaw

## International Flavors and Fusion

### Tuesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans (complimentary toppings included)

### Wednesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans (complimentary toppings included)

### Thursday: Hog Mountain BBQ

Slow-smoked house meats and poultry served with baked beans and coleslaw

## Hours of Operation

Breakfast: 7:00a.m. - 10:00a.m.

Lunch: 11:00a.m. - 1:30p.m.