

Weekly Menu

November 3-7, 2025

Chef's Selection

Tuesday: Ultimate Salad Station

Served with roasted yellow squash, zucchini squash, mushrooms, red onion, multi colored peppers, corn, peas, cauliflower, broccoli and beets over mixed greens, grains and your choice of salmon or grilled chicken

Wednesday: Italian Pasta Toss

Served with your choice of protein and seasonal vegetables sautéed with marinara or creamy Alfredo sauce

Thursday: Asian Noodle Bowl

Served with your choice of steak, shrimp, chicken or vegetables sautéed to order over lo mein or rice noodles

Soups of the Day

Monday: House-Made
Chili/ White Bean and Kale

Tuesday: Chicken Gumbo/
Garden Vegetable

Wednesday: Chicken
Poblano/ Broccoli Cheddar

Thursday: Potato and
Bacon/ Tomato Basil

Friday: Chef's Choice

Build Your Own

Pizza or Flatbread

Includes three complimentary toppings.
Additional toppings: \$0.69 each

Grab & Go Selection

Pre-Packaged Assorted Salads and Sandwiches

Weekly Specials

\$3 Breakfast

+ one 16oz drink

Florentine Omelet

\$5 Lunch

+ one side item & 16oz drink

Catfish Nuggets with Tartar Sauce

Roasted Vegetable Hummus Wrap

Homestyle Entrée

Monday: Southern Fried Chicken

Served with baked macaroni and cheese and seasoned greens

Tuesday: Grilled Honey Hoisin Salmon

Served with jasmine rice and bok choy

Wednesday: Chicken Cordon Bleu

Served with wild rice pilaf and roasted asparagus

Thursday: Meatball Marinara

Served with fettuccine pasta, a vegetable medley and garlic bread

Friday: Fresh Fish Fillet

Served with seasoned potatoes and coleslaw

International Flavors and Fusion

Tuesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans (complimentary toppings included)

Wednesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans (complimentary toppings included)

Thursday: Hog Mountain BBQ

Slow-smoked house meats and poultry served with baked beans and coleslaw

Hours of Operation

Breakfast: 7:00a.m. - 10:00a.m.

Lunch: 11:00a.m. - 1:30p.m.