

Weekly Menu

February 16-20, 2026

Chef's Selection

Monday: Baked Potato Bar

Served with a sweet or Russet potato, steamed broccoli, sauteed onion, peppers, mushrooms, cheese sauce, sour cream or green onion with your choice of shrimp, grilled chicken or beef chili

Tuesday: Blackened Catfish and Grits

Served with pan-seared catfish with a house-made Creole sauce and served over gouda cheese grits, Cajun shrimp can be added for an additional charge

Wednesday: Italian Pasta Toss

Served with your choice of protein and seasonal vegetables sautéed with marinara or creamy Alfredo sauce

Thursday: Thai Drunken Noodles

Served with your choice of vegetables, chicken, steak or shrimp over stir-fried rice noodles

Soups of the Day

Monday: House-Made

Chili/ Vegetarian Bean Chili

Tuesday: Beef Stew/

Broccoli Cheddar

Wednesday: Chicken and

Dumpling/ Vegetable
Minestrone

Thursday: Chicken Corn

Chowder/ Curry Lentil

Friday: Chef's Choice

Build Your Own

Pizza or Flatbread

Includes three complimentary toppings.
Additional toppings: \$0.69 each

Grab & Go Selection

Pre-Packaged Assorted
Salads and Sandwiches

Bigg Cap Chicken Sandwich
Seasoned Potato Wedges

Weekly Specials

\$3 Breakfast

+ one 16oz drink

Florentine Omelet

\$5 Lunch

+ one side item & 16oz drink

Vegetable Hummus Wrap

Nashville Hot Chicken Sandwich

Homestyle Entrée

Monday: Southern Fried Chicken

Served with baked macaroni and cheese and seasoned greens

Tuesday: Grilled Honey Garlic Glazed Salmon

Served with garden-style quinoa and green beans

Wednesday: Country Fried Steak with Caramelized Onions

Served with mashed potatoes and gravy and braised kale and cabbage

Thursday: Piri Piri Chicken Quarter

Served with roasted potatoes and Brussels sprouts

Friday: Fresh Fish Fillet

Served with roasted potatoes and coleslaw

International Flavors and Fusion

Tuesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans (complimentary toppings included)

Wednesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans (complimentary toppings included)

Thursday: Hog Mountain BBQ

Slow-smoked house meats and poultry served with baked beans and coleslaw

Hours of Operation

Breakfast: 7:00a.m. - 10:00a.m.

Lunch: 11:00a.m. - 1:30p.m.