

# Weekly Menu

March 2-6, 2026

## Chef's Selection

### Monday: Baked Potato Bar

Served with a sweet or Russet potato, steamed broccoli, sauteed onion, peppers, mushrooms, cheese sauce, sour cream or green onion with your choice of shrimp, grilled chicken or beef chili

### Tuesday: Mediterranean Salad Station

Served with mixed greens, grape tomatoes, cucumber, red onion, chickpeas, bell peppers, feta cheese, kalamata olives and your choice of chicken or salmon

### Wednesday: Italian Pasta Toss

Served with your choice of protein and seasonal vegetables sautéed with marinara or creamy Alfredo sauce

### Thursday: Fajita Station

Served with your choice of chicken, steak or shrimp with red beans and rice

## Soups of the Day

**Monday:** House-Made Beef and Bean Chili/ Vegetarian Bean Chili

**Tuesday:** Beef and Rice/ Loaded Potato

**Wednesday:** Clam Chowder/ Mushroom Barley

**Thursday:** Chicken Gumbo/ Tomato Vegetable

**Friday:** Chef's Choice

## Build Your Own

### Pizza or Flatbread

Includes three complimentary toppings. Additional toppings: \$0.69 each

### Grab & Go Selection

Pre-Packaged Assorted Salads and Sandwiches

Bigg Cap Chicken Sandwich  
Seasoned Potato Wedges

## Weekly Specials

### \$3 Breakfast

+ one 16oz drink

Fried Chicken and Grits Bowl

### \$5 Lunch

+ one side item & 16oz drink

Atlanta Slaw Dog

Falafel Wrap with Tzatziki Sauce

## Homestyle Entrée

### Monday: Southern Fried Chicken

Served with baked macaroni and cheese and seasoned greens

### Tuesday: Honey and Hoisin Glazed Pork Loin

Served with jasmine rice and broccoli

### Wednesday: Beef Bourguignon

Served with mashed potatoes and sautéed kale

### Thursday: Butter Chicken

Served with basmati rice and chana masala

### Friday: Fresh Fish Fillet

Served with roasted potatoes and coleslaw

## International Flavors and Fusion

### Tuesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans (complimentary toppings included)

### Wednesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans (complimentary toppings included)

### Thursday: Hog Mountain BBQ

Slow-smoked house meats and poultry served with baked beans and coleslaw

## Hours of Operation

Breakfast: 7:00a.m. - 10:00a.m.

Lunch: 11:00a.m. - 1:30p.m.