

Weekly Menu

March 16-20, 2026

Chef's Selection

Monday: Baked Potato Bar

Served with a sweet or Russet potato, steamed broccoli, sauteed onion, peppers, mushrooms, cheese sauce, sour cream or green onion with your choice of shrimp, grilled chicken or beef chili

Tuesday: Wing Bar

Served with bone-in chicken wings tossed in your choice of sauce with fried rice, celery and carrot sticks

Wednesday: Italian Pasta Toss

Served with your choice of protein and seasonal vegetables sautéed with marinara or creamy Alfredo sauce

Thursday: Earth Bowl

Served with colorful quinoa, roasted sweet potatoes, onion, peppers, button mushrooms, chickpeas, corn, grape tomatoes, cucumber and broccoli florets, with your choice of ground beef, grilled chicken or shrimp, finished with a lemon basil pesto or roasted red pepper vinaigrette

Soups of the Day

Monday: House-Made Beef and Bean Chili/ White Bean Chili

Tuesday: Chicken Tortilla/ Corn Chowder

Wednesday: Chicken Noodle/ French Onion

Thursday: Beef & Vegetable/ Broccoli Cheddar

Friday: Chef's Choice

Build Your Own

Pizza or Flatbread

Includes three complimentary toppings. Additional toppings: \$0.69 each

Grab & Go Selection

Pre-Packaged Assorted Salads and Sandwiches

Bigg Cap Chicken Sandwich
Seasoned Potato Wedges

Weekly Specials

\$3 Breakfast

+ one 16oz drink

Open Face Steak
Biscuit & Gravy

\$5 Lunch

+ one side item & 16oz drink

Meatball Sub

Caprese Sandwich with Pesto Mayo

Homestyle Entrée

Monday: Southern Fried Chicken

Served with baked macaroni and cheese and seasoned greens

Tuesday: Beef Pepper Steak

Served with yellow rice and a fire-roasted squash medley

Wednesday: Blackened Catfish

Served with dirty rice and kale and cabbage

Thursday: Chicken Parmesan

Served with farfalle pasta with sun dried tomato pesto and green beans

Friday: Fresh Fish Fillet

Served with roasted potatoes and coleslaw

International Flavors and Fusion

Tuesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans (complimentary toppings included)

Wednesday: Taqueria Station

Our house-marinated chicken, beef, tofu or pork served as a taco, burrito, or bowl with rice and beans (complimentary toppings included)

Thursday: Hog Mountain BBQ

Slow-smoked house meats and poultry served with baked beans and coleslaw

Hours of Operation

Breakfast: 7:00a.m. - 10:00a.m.

Lunch: 11:00a.m. - 1:30p.m.